



## Joe Archambeault - Centra Health Building Better Patient Care

By Drew Menard

Joe Archambeault recalls a time when he was at Old Dominion University, working toward his mechanical engineering degree, that a professor arranged for his mechanical systems lab to tour the local hospital's central plant with the chief hospital engineer.

"I distinctly remember walking through that tour and telling one of my student friends, 'Man this guy has got a tough job; I'd never want to work in a hospital,'" Archambeault said with a chuckle. "Where do I wind up for 33 years?"

Now the Vice President of Facilities and Support Services for Centra Health, Archambeault oversees several projects, from the planning and construction to a number of support areas, including plant engineering, environmental services, safety and security, nutrition, and transportation.

Before his 30-plus year career with Centra, he was working as an engineering consultant. Archambeault was later recruited by his mentor, Bob Lipscomb, into the healthcare industry as an assistant director of plant engineering.

"I was so fortunate to have a number of really good leaders, mentors early in my career, and Bob was one of several in the Lynchburg area who kind of took me under their wing," he said.

Over the years he has worked on several important projects—ones that meant better care for Centra's patients—and he's appreciated working closely with Hurt & Proffitt on

a number of them.

"My relationship with H&P goes all the way back to the Charlie Hurt days," he recalled. "I loved working with Charlie: his booming voice, he always came in with a joke to tell. We had a lot of good laughs and got some things done."

Those memories have continued over the past 15 years or so, working closely with Patrick Proffitt.

"We've done a lot of important projects with Patrick— site and site utilities for our east tower, for our Pearson Cancer Center, and for a number of our ambulatory facilities, such as Gretna, Danville, Lynchburg."

It may not be the career path he always envisioned, but Archambeault has made

Centra, and Lynchburg, home.

"I love the people aspect of it—you are really in the business of caring for people—I really like that part of it," he said. "I enjoy the team that I work with here at Centra Health. They are all working pretty hard to take good care of our patients and our community. I take a lot of pride in our facilities and

our teams here."

Originally from Waynesboro, he appreciates the amenities of the Hill City from its "beautiful downtown" to the numerous outdoor recreation opportunities. In addition to spending time with his wife, Anne, (they've been married for 38 years), and their three children and two grandchildren, Archambeault

is an avid bird hunter. He also enjoys raising and training Brittany pointing dogs—he currently has four dogs and has trained champion field trial dogs.







### Scot Shippee: H&P's New Director of Transportation

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From his roots in rural Buckingham
County to his college days at Virginia
Tech, Scot Shippee had a penchant for
engineering. Having worked part time in
high school for his neighbor's surveying/
engineering firm, he realized once he got
to college that Civil Engineering was the
direction he was being called. He went on
to work for the Town of Christiansburg's
engineering department as a work study
position, progressing to a full time position
upon graduation.

H&P first hired Scot in 2005 as project engineer. "Working on the Rockingham Memorial Hospital project was definitely a highlight in my career. I was exposed to almost every facet of site and building development," said Shippee. "I learned

just how important it was to develop and maintain relationships with very diverse stakeholder groups. A hospital is almost like a small city, with

lots of varying opinions on how things should be laid out and/or accomplished. It was very important to maintain a high level of communication with not only our client, but architects, contractors, engineers from other disciplines, and even staff from within our own departments."

In 2012, Scot returned home and went to work as an Assistant Resident Engineer in VDOT's Dillwyn Residency. In February of 2016, VDOT promoted Scot to Resident Engineer in the same Residency where he was responsible for the coordination and management of maintenance and operational resources for four counties (Buckingham, Cumberland, Prince Edward,

Charlotte). He served as the primary liaison for the Department for citizen groups, local government staff, and 27 elected local officials.

While at VDOT, Scot also assisted his localities with the development, evaluation, and coordination of Smart Scale projects, as well as County safety and operational fund projects. Scot worked with local Boards to identify projects to be included in their Secondary Six Year Plans. By leveraging state maintenance forces where possible to perform some of the work, he was able to not only help maximize usage of their limited funds, but also to promote a sense of ownership and pride among his own staff that was performing the work in their hometown.

In January of this year, H&P hired Scot back as Director of Transportation Services. Scot's background and experience with VDOT gives him a competitive edge



for future projects with H&P.

Transportation by definition is the act of carrying, conveying or keeping things moving. And Scot sees an opportunity to help facilitate this for H&P Clients by helping them implement safe, innovative and cost effective ideas for transporting people, goods or services. "Whether it's a roadway improvement, construction of pedestrian facility, bikeway, or other alternative transportation strategy, it is our goal to remain engaged in developing the right solutions to fit the communities we are working in," says Shippee. "My desire is be involved in projects that make a difference in the quality of life for those communities."

Scot currently resides in Campbell County and keeps busy after work hours with his three children, Nathan (14), Jacob (11) and Faith (10). In their down time, they enjoy everything from getting outdoors and being active (camping, hiking, hunting, fishing) to just sitting around spending quality time together. "It's about being present and making memories," says Shippee. "These are days that will never come again and I want what time is left to leave a positive impact."

Scot has also been involved in coaching various youth sports over the last nine years. "My involvement with the youth sports not only lets me spend quality time with my own children, but it allows me to impact other kids in ways that I may not fully understand. It's truly amazing to see something as having structure or giving a word of encouragement impacts kids that are not used to receiving it. That is important to me," says Shippee.



# Letter From the President



"Ready! Set! Go! Welcome to 2019. If you are like me you are asking yourself, "What happened to 2018?" Time really does fly by faster the older you get. I just cannot imagine it going any faster than it already is going.

Looking back over 2018, we here at Hurt & Proffitt have plenty to celebrate. We welcomed several new team members to our firm in our Lynchburg, Blacksburg, and Wytheville offices. These new team members will allow us to increase our client service and expand our capabilities in engineering, surveying, and geotechnical offerings.

We kicked off our internal professional development program which Christina Dudley, our Human Resources Director, has been working very hard to develop and implement. We fully integrated our network system with a fiber optic network that ties all of our office locations into a single co-location facility. We have continued to improve and enhance our Safety program to maintain our excellent safety record and stay current on the latest requirements of our clients and the industry. We made improvements to our Quality Control/Quality Assurance program to provide even higher quality products and services. We launched our new website, located at www.handp.com and increased our social media presence on Facebook and LinkedIn.

Alas, we can't live in the past, even though we are proud of the accomplishments we have made. We are looking forward to 2019 and the opportunities we will have to continue to build strong relationships with you, our partners. It's you and your dreams that inspire us each and every day. We want to be responsive to your needs. And we want to continue to be your trusted team member.



## Brian Cossman: Balancing Work and Family

All work and no play can be tedious and exhausting. Balancing business, family and friends and community volunteer work takes effort every day. H&P's Director of Business Development, Brian Cossman, PE, has been doing that for years. Brian's commitment to his work requires him to prioritize every day and keep lines of communication open with colleagues and family.

"I focus on what matters and maintain my peace of mind by keeping my calendar up-to-date, creating lists, regular exercise and spending time with family and socializing with friends," says Brian. "My job requires me to travel and I use the travel time to unwind and regroup."

Last year Brian and his family visited
Arizona with long-time friends including
hiking Camelback Mountain in Phoenix,
Broken Arrow Trail and Bell Rock in Sedona
and about one-third of South Kaibab
Trail at the Grand Canyon. They enjoyed
mountain climbing and rappelling at Zion
National Park in Utah and finished the trip
in Las Vegas.

He and his wife Maggie also enjoyed a trip to Costa Rica fishing in the Papagayo Gulf, relaxing on the Guanacaste coast and spent time around the Arenal volcano.

They also visited Denver seeing a concert at Red Rocks in Colorado.

In his spare time, Brian also enjoys tennis and golfing and is a member of the Boonsboro Country Club. He was able to take a few golf trips in 2018 including to Atlanta winning their flight and placing 4th overall out of 60 in the Atlanta CC member guest. At the Sedgefield member guest, he won his flight and placed 3rd overall out of 60. "I was able to take a few golf trips to Jacksonville at TPC Sawgrass, Pablo Creek, Streamsong, Pinehurst and Daniel Island," Brian stated. "Golfing is relaxing for me and I enjoy spending time with my friends away from work."

In 2019, Brian and his family plan to visit Yellowstone with golf trips back to





Streamsong, Daniel Island and to Cabot Cliffs in Nova Scotia.

Recently, H&P teamed with Matt Mc-Call, owner of ALFA Environmental and Engineering, to pursue federal work. Located in Washington, D.C, Matt has a background in environmental services, specifically asbestos and lead inspections and monitoring. After his decorated career with the Marine Corps, he founded "Our Hands Helping Others", a non-profit that helped women and children escape slavery in the Middle East. As an alum from Oxford University (England) and Harvard University, Matt brings management knowledge to the team with his educational and government contracting experience.

Together, they will be pursuing environmental and engineering projects focusing on work with the Department of Veterans Administration taking advantage of Matt's service disabled veteran owned small business and HUBZone set-asides.

Brian and his wife Maggie have two children, 15 and 12, both students in Bedford County schools.







### **Project Thanks**

Burleigh Construction finished the bridge at our Fieldale Quarry last week. I want to thank Hurt & Proffitt, you guys (Ken Meritt, Mike Neylon and Ben Leatherland), for the work you did on this project. From the Jurisdictional Determination to the Mico Pile Foundation to the Material Testing, it was a challenging project. There is no doubt

that your services added tremendous value to the product.

Again, thank you. ">>

Tom Roller
Boxley Materials Company







### New Employees

H&P is pleased to welcome Kacie Hodges, PE, to our Blacksburg office. Kacie is a graduate of Virginia Tech with a BS and MS in civil engineering. She comes to H&P with experience as a Stormwater Management Engineer for the Virginia Department of Conservation and Recreation and most recently taught first-year



engineering courses at Virginia Tech in the Department of Engineering Education, as well as classes in LabView and Spatial Visualization. Kacie and her husband, Clay, have two boys, Elijah who is double majoring in Mechanical Engineering and Mathematics at Virginia Tech and Joel who is a junior at Blacksburg High School.

#### **Lynchburg Office**

Scot Shippee, PE, Director of Transportation Jake Hillbish, Survey Department William Weller, Materials Testing Technician Andrew Tester, Geotechnical

#### **Blacksburg Office**

Mason Briggs, Survey Department

#### **Wytheville Office**

Cody Aker, Survey Department



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